



Choosing a Provider for Your Baby

Choosing a provider is an important step in preparing for your new baby. You should select your baby's provider at least *one month* before your due date. There are many things to consider, including a provider's training, which hospital he/she is credentialed, office location, hours and routines.

To help with your selection, we've provided a comprehensive list of providers with privileges at Inova Alexandria Hospital who have agreed to provide the initial examinations of newborns. You may also ask your obstetrician for recommendations and talk with other parents about their provider.

If you have not selected a provider prior to arriving at the hospital to deliver, the attending physician from Pediatrix will examine your baby. Please note: If your insurance company requires you to select a provider from a preapproved list, the Pediatrix group may not be an approved provider.

What is a Pediatric Provider?

A provider that specializes in the care of babies, children, teenagers or the whole family (family practitioners). These providers often work together in a group practice, however some may have a solo practice. Other care providers in an office may include nurse practitioners, lactation consultants, nurses and laboratory technicians.

What care does a Pediatric Provider give?

They provide routine well baby and child check-ups, including immunizations. They also help parents with issues such as growth and development, feeding and discipline. Nearly all children will have illnesses or injuries as they grow, and these providers provide this care when needed.

How do I choose a Pediatric Provider?

It is often a good idea to meet with a few prospective providers before your baby is born. Many offices will offer special times for parents to visit, learn about the providers and staff and ask questions. There may or may not be a charge for this visit. Use the list below in your consideration of selecting a provider:

Office:

- Is the office near your home or work?
- How long does it take to get there in rush hour traffic?
- Is parking convenient?
- Does the practice have more than one office?
- Are the same providers at the same offices all the time?
- What are the office hours?
- Are there weekend or evening hours?
- What happens when my child gets sick after hours?
- How do you reach the provider after hours?
- Will there be a charge for telephone advice?
- How long does it take to get a well child or sick appointment?
- Do they accept my insurance plan?

- Are they accepting new patients?
- How are billing and payments done?
- What hospitals are the providers affiliated with and are they acceptable to my insurance?
- How long do you have to wait in the office before being seen?
- Is there a separate waiting room for sick children?
- Does the office staff seem friendly and interested in children?

Provider:

- What is the training and experience?
- Do they have specialty training or an area of interest?
- Will your child see the same provider for all visits?

Once you choose a provider, tell your obstetrician and the hospital where you plan to deliver, the name of the practice and the provider. The hospital will notify the provider's office of your child's birth and your journey will begin.

Please indicate your choice by circling the specific provider's name.

List of Pediatric Providers

ALL Pediatrics

9010 Lorton Station Blvd #100
Lorton, VA, **703 436-1200**; OR
1990 Old Bridge Rd. #101 Woodbridge, VA
703-491-4131; OR
1500 North Beauregard St. # 200,
Alexandria **703-436-1215**

- Dr. Sullivan, Brendan
- Dr. Park, Sue
- Dr. Lundgren, Kathleen
- Dr. Lazaroae, Susan
- Dr. Farber, Jon
- Dr. Caplan, Michael
- Dr. Rosenbaum, R
- Dr. Sullivan, Thomas

Children's Med Assoc of No. VA

6303 Little River Turnpike
Alexandria, VA, **703-914-8989**
-OR- 10657 Braddock Rd.
Fairfax, VA, **703-691-4700**

- Dr. Atiyeh, Ghassan
- Dr. Bergman, Gary
- Dr. Estabrook, Dawn
- Dr. Friebling, Linda
- Dr. Kishi, Roman
- Dr. McElfish, Karen
- Dr. Tae, Patricia
- Dr. Wallen, Katherine

Family Med Assoc. of Alex.

2000 N. Beauregard St. # 330
Alexandria, VA, **703-370-2400**
• Dr. Lugo-Eschenwald, Vivian
• Dr. Mircea, Mirela

Franconia Family Medical

6160 Fuller Court
Alexandria VA **703-922-5577**
• Dr. Bienert, Susan
• Dr. Pettit, W. James
• Dr. Wise, Andrew
• Dr. Wohler, Brett

Franconia Pediatrics & Family Medical Center

6078 Franconia Rd.
Alexandria, VA, **703-921-0256**
• Dr. Chadive, Vasanthi

Huntsman Medical Center

7489 Huntsman Blvd.
Springfield, VA, **703-440-0107**
• Dr. Nekoba, Jeffrey

Pediatric Assoc. of Alex.

6355 Walker Lane #401
Alexandria, VA, **703-924-2100**

- Dr. Ahdoot, Samantha
- Dr. Bondareff, Erwin
- Dr. Dierks, Marie
- Dr. Hopper, Michael
- Dr. Kernan-Grunzke, Anne
- Dr. Modi, Anjali
- Dr. Parente, Kathleen
- Dr. Sideridis, Andreas

Kidz Doc at Belle Haven

1451 Belle Haven Road
Alexandria, VA, **703-765-6093**

- Dr. Arnold, Jacqueline
- Dr. Larkin, Sylvia
- Dr. Russell, William
- Dr. Shen, Cynthia
- Dr. Hulver, Meghan
- Dr. Remus, Emily

Northern Virginia Family

Practice 4401 Ford Ave., Suite
250 Alexandria **703-379-8879**

- Dr. Tokarz, J. Patrick
- Dr. Gardner, Charles
- Dr. Cornwell, Stephen
- Dr. Beauvais, Natasha

Nova Pediatrics

6120 Brandon Ave. #308
Springfield, VA, **703-451-3333**

- Dr. Hamilton, Kathleen
- Dr. Hanna, Mona
- Dr. Hong, Sharon
- Dr. Kim, Kenneth
- Dr. Meyer, Tiffany
- Dr. Nambiar, Sapna
- Dr. Nematollahy, Violet
- Dr. Rodgers, Allison
- Dr. Schwartz, Gina
- Dr. Seidman, Laurence

Parvin, Shahin MD

6275 Franconia Rd.
Alexandria, VA, **703-971-8686**
• Dr. Parvin, Shahin

Shiloh Family Medicine

5249 Duke St. #102
Alexandria, VA, **703-823-3660**
• Dr. Ware, Bradley

Talib, Sawsan MD

5791 Winston Ct.
Alexandria, VA, **703-578-0500**
• Dr. Talib, Sawsan

Van Dorn Pediatrics and Adolescent Med

2500 N. Van Dorn St. Suite 109
Alexandria, VA, **703-933-0555**
• Dr. Andrawis, Moheb

Younossi, Gulam MD

5212 Dawes Ave
Alexandria, VA, **703-578-6881**
• Dr. Younossi, Gulam

Pediatric (covers all these MDs)

10527-A Braddock Rd
Fairfax, VA, **703-504-3069**

- Dr. Araya
- Dr. Cavros, Evie
- Dr. Clapp, Deborah
- Dr. Crock, Thomas
- Dr. Cruz
- Dr. Ellini, Ahmad
- Dr. Fermin, Cyrelda
- Dr. Fox, Eduardo
- Dr. Garrett, Mary
- Dr. Iranyi, Magdolna
- Dr. Jasani, Archana
- Dr. Jose, Nora
- Dr. Kohn, Susan
- Dr. Leykam, Nancy
- Dr. Palumbo, Elizabeth
- Dr. Palmer, Emily
- Dr. Piccio -Azarcon
- Dr. Rainey, Lisa
- Dr. Rodriguez, Glotti
- Dr. Robertson, J.
- Dr. Sebastian, Melinda
- Dr. Sinah, Indria
- Sleepy Hollow (ICC)
- Dr. Subarna, Dharia
- Dr. Taylor, Priscilla
- The TPG Group – (Leykam, Palumbo, Cavros, Giannuzzi, Garrett)
- Dr. Trabert, Richard
- Dr. Wijetelleke, Padma

I will be using the selected provider above for post delivery care at Inova Alexandria Hospital.

Patient or Significant Other _____ Date: _____

Signature

Nurse: _____ Date: _____

Signature